# Nourishing Hands Inc., Teen Mentoring

## **Our Mentoring Agreement**

We are voluntarily entering into a mentoring relationship which we expect to benefit both of us. We want this to be a mutually rewarding experience with most of our time together spent in development activities revolving around the participant’s goals outlined in “Our Mentoring Plan”. We note the following features of our relationship:

##### Frequency of Meetings

* How often will we meet?
* Day(s) of the week:
* Where will we meet?
* How long will our meetings last?

##### Best Time to Call/Page

* At work:
* At home:

##### Specific Role of the Mentor

(Model, guide, observe and give feedback, recommend developmental activities, facilitate learning, suggest/provide resources, etc.)

##### Specific Role of the Student

As a willing participant in the Mentor Project, I commit to working with my NHI participant (mentee) throughout the program, attending all scheduled meetings with my mentor, and communicating with my mentor weekly. Emergencies happen, so if I am unable to keep a meeting date, an advance call will be made to my mentor to reschedule. I will develop personal goals and be open to coaching and feedback from my mentor. Other role?

##### Confidentiality

Nothing that the participant tells the mentor will be discussed with *anyone* except the NHI staff. If the mentor feels it is important to involve another adult, it will be discussed first with the participant. If there is threat of physical harm to the participant (mentee) or to others, the mentor must break confidentiality to seek protection for the endangered individual.

**No-fault Conclusion**

We agree to a *no-fault* conclusion of this relationship if, for any reason, it seems appropriate. Either party has the option of discontinuing the relationship for any reason, and he or she will discuss this decision with the NHI staff or Coordinator before terminating the relationship.

Student Mentor

Date Date